

## JANUARY 2023 NACR QUARTERLY REPORT ON GENDER AND COMPLETION (RE-RUN USING APRIL 2023 DATA DOWNLOAD)

(Jul to Sept 2022 data; patient records were included if they had started Core Rehab within the time period and there was sufficient data - more than 10 starting rehab records created - within the named programme)

This is the sixth Quarterly Report for NACR and continues to detail the demographic characteristics of cardiac rehabilitation (CR) patients. The next few quarterly reports will focus on detail around Completion of Core/Phase 3 CR at a local service level for England, Northern Ireland and Wales.

This report selects patients based on those with a start date for Core CR between July and September 2022 and looks at the level of completion across programmes by Gender, which is shown in wider research to influence the participation rate of CR. The table splits the patient group across Male and Female and presents programme completion rates within these categories.

There was a wide spread of completion showing local variation between programmes, some of which may be affected by small sample size. However, the trend across the patient gender sub groups seen is that the Male group has the highest average completion (73%) followed closely by Females who had a 1% lower completion rate.

NB: This data should not be used as an indicator of service level uptake as the total number of eligible patients could not be verified due to Covid-19 service pressures.

England sorted alphabetically by Network then Programme/Trust

Programme Code	Trust Name	Region	Proportion of Patients that start Core who Complete	
			Male Completers %	Female Completers %
3088	Countess of Chester Hospital NHS Foundation Trust	Cheshire & Merseyside	68%	62%
2595	East Cheshire NHS Trust (Macclesfield District General Hospital)	Cheshire & Merseyside	80%	88%
2924	Liverpool Heart and Chest Hospital NHS Foundation Trust (Knowsley Community CVD Service)	Cheshire & Merseyside	69%	82%
2528	Liverpool University Hospitals NHS Trust (Broadgreen Hospital and Royal Liverpool University Hospital)	Cheshire & Merseyside	62%	69%
2580	Mid Cheshire Hospitals NHS Foundation Trust (Leighton Hospital)	Cheshire & Merseyside	71%	86%
2535	Southport and Ormskirk Hospital NHS Trust	Cheshire & Merseyside	65%	64%

Programme Code	Trust Name	Region	Proportion of Patients that start Core who Complete	
			Male Completers %	Female Completers %
3004	St Helens and Knowsley Teaching Hospitals NHS Trust (Halton and St Helens)	Cheshire & Merseyside	66%	45%
2537	Warrington and Halton Hospital Foundation Trust (Halton Hospital and Warrington)	Cheshire & Merseyside	68%	55%
2525	Wirral Community NHS Foundation Trust (Wirral Heart Support Centre)	Cheshire & Merseyside	68%	77%
2668	Chesterfield Royal Hospital NHS Foundation Trust	East Midlands	46%	41%
2737	Derby Hospitals NHS Foundation Trust (Ilkeston Community Hospital and Royal Derby Hospital)	East Midlands	79%	89%
2667	Derbyshire Community Health Services NHS Foundation Trust (Chesterfield and Bolsover, and High Peaks and Dales)	East Midlands	76%	59%
2634	Kettering General Hospital NHS Trust	East Midlands	65%	69%
2783	Sherwood Forest Hospitals NHS Foundation Trust (Kings Mill Hospital)	East Midlands	94%	88%
2630	University Hospitals Of Leicester NHS Trust (Glenfield Hospital, Leicester General Hospital and Leicester Royal Infirmary)	East Midlands	28%	34%
2501	Bedford Hospital NHS Trust	East of England	63%	75%
2472	Cambridge University Hospital NHS Foundation Trust (Addenbrookes Hospital)	East of England	90%	83%
2484	Cambridgeshire & Peterborough NHS Foundation Trust (Doddington Community Hospital)	East of England	65%	50%
2502	East and North Hertfordshire NHS Trust (Queen Elizabeth II Hospital and Lister Hospital)	East of England	72%	76%
2574	East Suffolk and North Essex NHS Foundation Trust (Colchester General Hospital)	East of England	87%	100%
3104	Essex Partnership University NHS Foundation Trust (EPUT)	East of England	75%	100%
2500	Luton and Dunstable Hospital NHS Foundation Trust	East of England	77%	43%
2570	Mid and South Essex University Hospitals Group (Broomfield Hospital)	East of England	84%	82%

Programme Code	Trust Name	Region	Proportion of Patients that start Core who Complete	
			Male Completers %	Female Completers %
2576	Mid and South Essex University Hospitals Group (Essex Cardiothoracic Centre)	East of England	96%	93%
2575	Mid and South Essex University Hospitals Group (Southend Hospital)	East of England	71%	70%
2482	Norfolk and Norwich University Hospital NHS Trust	East of England	96%	94%
2479	Norfolk Community Health and Care NHS Trust (Dereham Hospital and Kelling Hospital)	East of England	92%	81%
2486	North West Anglia NHS Foundation Trust (Peterborough City Hospital and CPFT Community Cardiac Rehabilitation)	East of England	83%	88%
2473	Royal Papworth Hospital NHS Foundation Trust	East of England	87%	78%
2503	West Herts Central London Community Healthcare NHS Trust (St Albans, Watford, Hemel Hempstead)	East of England	99%	100%
2474	West Suffolk Community Services (Community Cardiac Rehabilitation Team)	East of England	35%	33%
2476	West Suffolk Hospitals NHS Trust	East of England	61%	60%
2577	Bolton Hospitals NHS Trust (Royal Bolton Hospital and Royal Bolton Heart Failure Rehab)	Greater Manchester	79%	87%
2581	Manchester University NHS Foundation Trust (Manchester Heart Centre)	Greater Manchester	0%	0%
2586	Manchester University NHS Foundation Trust (Trafford General Hospital)	Greater Manchester	81%	71%
2590	Manchester University NHS Foundation Trust (North Manchester General Hospital)	Greater Manchester	66%	60%
2591	Northern Care Alliance NHS Group (Royal Oldham Hospital)	Greater Manchester	10%	6%
2589	Salford Royal NHS Foundation Trust (SRFT)	Greater Manchester	55%	49%
2596	Stockport NHS Foundation Trust (Stepping Hill Hospital)	Greater Manchester	92%	100%
2593	Tameside Hospital NHS Foundation Trust	Greater Manchester	41%	14%
2599	Wrightington, Wigan and Leigh NHS Foundation Trust (Leigh Infirmary)	Greater Manchester	80%	69%
2640	City Health Care Partnership CIC (Hull)	Humber Coast and Vale	76%	75%
2822	Harrogate and District NHS Foundation Trust (Harrogate District Hospital)	Humber Coast and Vale	98%	100%

Programme Code	Trust Name	Region	Proportion of Patients that start Core who Complete	
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2642	Humber Teaching NHS Foundation Trust (Scarborough, Whitby, Ryedale and Pocklington)	Humber Coast and Vale	50%	80%
2644	York Teaching Hospital NHS Foundation Trust (York Hospital and Community CR)	Humber Coast and Vale	95%	91%
2622	East Lancashire Hospitals NHS Trust (Royal Blackburn Hospital and Burnley Hospital)	Lancashire & South Cumbria	76%	77%
2627	Lancashire Teaching Hospitals NHS Foundation Trust (Chorley & South Ribble Hospital and Royal Preston Hospital)	Lancashire & South Cumbria	62%	66%
2660	Barking, Havering and Redbridge Hospitals NHS Trust (King George Hospital, Queens Hospital and Community CHD Service)	London (North)	73%	79%
2656	Barts Health NHS Trust (Barts Heart Centre)	London (North)	52%	74%
2654	Barts Health NHS Trust (Whipps Cross University Hospital)	London (North)	17%	0%
2985	Central and North West London NHS Foundation Trust (Hillingdon Community)	London (North)	62%	44%
2655	East London NHS Foundation Trust (Newham Cardiac Rehab)	London (North)	98%	100%
2658	Homerton University Hospital NHS Foundation Trust	London (North)	92%	100%
2693	Imperial Healthcare NHS Trust (Charing Cross Hospital/Hammersmith, Central & West London and Ealing Community)	London (North)	85%	71%
2648	North Middlesex University Hospital NHS Trust	London (North)	76%	82%
2646	Royal Free London NHS Foundation Trust (Chase Farm Hospital and Barnet Hospital)	London (North)	71%	68%
2650	Royal Free London NHS Foundation Trust (Royal Free Hospital)	London (North)	64%	70%
2690	The Hillingdon Hospital NHS Trust	London (North)	77%	80%
2653	University College London Hospitals NHS Foundation Trust	London (North)	59%	75%
2649	Whittington Health NHS Trust (The Whittington Hospital)	London (North)	73%	64%
3764	Central London Community Healthcare NHS Trust (Merton Cardiac Rehabilitation)	London (South)	47%	30%

Programme Code	Trust Name	Region	Proportion of Patients that start Core who Complete	
			Male Completers %	Female Completers %
2698	Croydon Health Services NHS Trust (Croydon University Hospital)	London (South)	55%	0%
2701	Epsom and St Helier University Hospitals NHS Trust (St Helier Hospital)	London (South)	68%	75%
2779	Guys and St Thomas NHS Foundation Trust (St Thomas Hospital)	London (South)	67%	25%
2695	Kings College Hospital NHS Foundation Trust (Kings College Hospital)	London (South)	57%	80%
2697	Kings College Hospital NHS Foundation Trust (Princess Royal University Hospital)	London (South)	61%	47%
2780	Lewisham and Greenwich NHS Trust (University Hospital Lewisham)	London (South)	100%	80%
3614	Oxleas NHS Foundation Trust (Bexley Cardiac Rehab and Greenwich Long Term Conditions Team)	London (South)	65%	62%
2702	St Georges Healthcare NHS Trust (St Georges Hospital)	London (South)	67%	50%
2569	Surrey and Sussex Healthcare NHS Trust (Crawley Hospital)	London (South)	5%	0%
3112	Your Healthcare CIC (Surbiton Hospital)	London (South)	12%	19%
2905	North Cumbria Integrated Care NHS Foundation Trust (Cumberland Infirmary)	North East	87%	100%
2896	North Cumbria Integrated Care NHS Foundation Trust (West Cumberland Hospital)	North East	83%	70%
3575	North Tees & Hartlepool Foundation Trust (Community Services)	North East	74%	78%
3080	Northumbria Healthcare NHS Foundation Trust (North and West/Central and South East)	North East	69%	53%
2792	Ashford and St. Peters Hospital NHS Trust (Ashford Hospital and St Peters Hospital)	South East	70%	83%
3144	Berkshire Healthcare NHS Foundation Trust (Royal Berkshire Hospital and West Berkshire Community)	South East	53%	60%
2728	Buckinghamshire Hospitals NHS Trust	South East	78%	76%
2613	Dartford and Gravesham NHS Trust (Darent Valley Hospital)	South East	88%	100%
2563	Dorset County Hospital NHS Foundation Trust	South East	85%	92%
2727	East Sussex Healthcare NHS Trust (Conquest Hospital)	South East	63%	70%

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2724	East Sussex Healthcare NHS Trust (Eastbourne District General Hospital)	South East	83%	71%
2790	Frimley Health NHS Foundation Trust (Frimley Park Hospital)	South East	75%	70%
2735	Frimley Health NHS Foundation Trust (Wexham Park Hospital)	South East	46%	64%
2519	Isle of Wight NHS Trust	South East	81%	57%
2827	Kent Community Health NHS Foundation Trust	South East	76%	55%
2615	Maidstone and Tunbridge Wells NHS Trust (Maidstone Hospital)	South East	78%	75%
2619	Maidstone and Tunbridge Wells NHS Trust (Tunbridge Wells Hospital at Pembury)	South East	87%	82%
2732	Oxford University NHS Foundation Trust (Horton General Hospital and John Radcliffe Hospital)	South East	76%	59%
2520	Portsmouth Hospitals NHS Trust (Queen Alexandra Hospital)	South East	61%	73%
2791	Royal Surrey County Hospital NHS Trust	South East	68%	71%
2852	University Hospitals Sussex NHS Foundation Trust (Princess Royal Hospital)	South East	90%	88%
2723	University Hospitals Sussex NHS Foundation Trust (Royal Sussex County Hospital)	South East	63%	61%
2725	University Hospitals Sussex NHS Foundation Trust (Southlands Hospital)	South East	92%	97%
2517	University Hospitals Sussex NHS Foundation Trust (St Richards Hospital)	South East	93%	63%
2674	Doncaster and Bassetlaw Hospitals NHS Foundation Trust	South Yorkshire	85%	93%
2952	Northern Lincolnshire and Goole Hospital NHS Foundation Trust (Scunthorpe General Hospital)	South Yorkshire	63%	63%
2996	Northern Lincolnshire and Goole Hospitals NHS Foundation Trust (Diana Princess of Wales Hospital)	South Yorkshire	100%	100%
3061	Rotherham NHS Foundation Trust (Rotherham District General Hospital and Rotherham Community Health Centre)	South Yorkshire	88%	93%
2664	Rotherham, Doncaster & South Humber Foundation Trust	South Yorkshire	92%	92%

Programme Code	Trust Name	Region	Proportion of Patients that start Core who Complete	
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2666	Sheffield Teaching Hospitals NHS Foundation Trust (Community Cardiac Rehab Programme)	South Yorkshire	100%	100%
3115	Cornwall Partnership NHS Foundation Trust (Liskeard Community Hospital, Royal Cornwall Hospital, Mid Cornwall and West Cornwall/Isles of Scilly)	SW (Peninsula)	43%	47%
2713	Northern Devon Healthcare NHS Trust	SW (Peninsula)	61%	50%
2711	Royal Devon and Exeter NHS Foundation Trust (Royal Devon and Exeter Hospital & Westbank Community Care)	SW (Peninsula)	83%	75%
2719	Torbay and South Devon NHS Foundation Trust	SW (Peninsula)	95%	88%
2772	Burton Hospitals NHS Trust (Queens Hospital)	West Midlands	87%	100%
2551	George Eliot Hospital NHS Trust	West Midlands	67%	100%
3074	Sandwell and West Birmingham Hospitals NHS Trust (City Hospital and Sandwell General Hospital)	West Midlands	44%	36%
2514	The Royal Wolverhampton Hospitals NHS Trust (New Cross Hospital and Cannock Chase Hospital)	West Midlands	70%	66%
2508	University Hospitals Birmingham NHS Foundation Trust (Good Hope Hospital)	West Midlands	90%	43%
2509	University Hospitals Birmingham NHS Foundation Trust (Heartlands Hospital and Solihull Hospital)	West Midlands	75%	53%
2553	University Hospitals Coventry and Warwickshire NHS Trust (University Hospital, Coventry and Hospital of St Cross)	West Midlands	77%	71%
2513	Walsall Cardiac Rehabilitation Trust (Heart Care)	West Midlands	91%	97%
2604	Worcestershire Acute Hospitals NHS Trust (Alexandra Hospital)	West Midlands	84%	100%
2605	Worcestershire Acute Hospitals NHS Trust (Kidderminster Hospital)	West Midlands	86%	88%
2608	Worcestershire Acute Hospitals NHS Trust (Worcestershire Royal Hospital)	West Midlands	56%	80%
2606	Wye Valley NHS Trust (Hereford County Hospital, Leominster and Ross on Wye)	West Midlands	74%	50%

Programme Code	Trust Name	Region	Proportion of Patients that start Core who Complete	
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3843	Bath and North East Somerset: HCRG Care Group / Heart Failure Service	West of England	13%	0%
3134	Gloucestershire Health and Care NHS Foundation Trust	West of England	81%	78%
2494	Great Western Hospitals NHS Foundation Trust	West of England	78%	88%
2489	North Bristol NHS Trust (Southmead Hospital)	West of England	91%	89%
2555	Royal United Hospital Bath NHS Trust	West of England	80%	92%
2495	Salisbury NHS Foundation Trust	West of England	90%	100%
2565	Somerset NHS Foundation Trust (Musgrove Park Hospital & Somerset Community)	West of England	91%	100%
2491	University Hospitals Bristol and Weston NHS Foundation Trust (Bristol Royal Infirmary and Weston General Hospital)	West of England	91%	89%
2558	University Hospitals Dorset NHS Foundation Trust (Poole General Hospital/Royal Bournemouth)	West of England	85%	81%
2794	Bradford Teaching Hospitals NHS Foundation Trust - Community Cardiac Rehabilitation (Bradford Royal Infirmary, St Lukes Hospital, Queensbury Health Centre and Eccleshill Clinic)	West Yorkshire	84%	84%
2803	Calderdale and Huddersfield NHS Foundation Trust	West Yorkshire	87%	83%
2800	Locala Community Partnership CIC (Huddersfield)	West Yorkshire	61%	89%
2813	Mid Yorkshire Hospitals NHS Trust (Pontefract General Infirmary and Dewsbury & District Hospital)	West Yorkshire	92%	88%

Programme Code	Name	Region	Proportion of Patients that start Core who Complete	
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2848	Belfast Health and Social Care Trust (Belfast City Hospital, Royal Victoria Hospital and Mater Hospital)	Belfast Health and Social Care Trust	62%	62%
2869	Northern Health and Social Care Trust (Antrim Area Hospital, Whiteabbey Hospital, Mid-Ulster Hospital, Causeway Hospital)	Northern Health and Social Care Trust	77%	93%
3056	South Eastern Health and Social Care Trust (Lagan Valley Hospital)	South Eastern Health and Social Care Trust	52%	42%
2868	South Eastern Health and Social Care Trust (Ulster Hospital)	South Eastern Health and Social Care Trust	90%	77%
2844	Southern Health and Social Care Trust (South Tyrone Hospital)	Southern Health and Social Care Trust	75%	100%
2847	Western Health and Social Care Trust (Altnagelvin Hospital, Omagh Health Centre and South West Area Hospital)	Western Health and Social Care Trust	2%	0%

Programme Code	Name	Region	Proportion of Patients that start Core who Complete	
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2845	Princess Elizabeth Hospital, Guernsey	Other	57.0%	0.0%

Programme Code	Name	Region	Proportion of Patients that start Core who Complete	
			Male Completers %	Female Completers %
2883	Aneurin Bevan University Health Board (Nevill Hall Hospital, County Hospital, Ysbyty Ystrad Fawr and St Woolos)	Aneurin Bevan University Health Board	55%	52%
3097	Betsi Cadwaladr University Health Board (North West Wales Cardiac Rehab Programme)	Betsi Cadwaladr University Health Board	40%	39%
2849	Betsi Cadwaladr University Health Board (Wrexham Maelor Hospital)	Betsi Cadwaladr University Health Board	64%	79%
2859	Betsi Cadwaladr University Health Board (Ysbyty Glan Clwyd & Llandudno)	Betsi Cadwaladr University Health Board	85%	85%
2899	Cardiff and Vale University Health Board (University Hospital of Wales and Llandough Hospital)	Cardiff & Vale University Health Board	75%	79%
2829	Cwm Taf Morgannwg University Health Board (Princess of Wales Hospital)	Cwm Taf Morgannwg University Health Board	76%	90%
2839	Cwm Taf Morgannwg University Health Board (Royal Glamorgan Hospital and Prince Charles Hospital)	Cwm Taf Morgannwg University Health Board	85%	86%
2871	Hywel Dda University Health Board (Glangwili Hospital and Prince Philip Hospital)	Hywel Dda University Health Board	83%	85%
3012	Hywel Dda University Health Board (Haverfordwest Health Care Centre)	Hywel Dda University Health Board	52%	69%
2867	Swansea Bay University Health Board (Neath/Port Talbot Hospital)	Swansea Bay University Health Board	98%	100%